CommPact Fall 2015

Pakistan's Institutions of Higher Education Impacting Community through PCTN



CommPact Fall 2015

A PCTN Publication

In Focus

Advocacy/ Awareness

Health

T

Education

Disaster Relief

Environment Protection

Community Empowerment and Outreach

Misc News

51

Editor > Gul-e-Zehra Graphics & layout > Kareem Muhammad NUST Publishing





Editor's Note

I am delighted to share with you the 4th edition of Pakistan Chapter of The Talloires Network (PCTN) newsletter. The newsletter includes community service activities carried out by several of our member institutions, which are a great source of promoting community building initiatives amongst Pakistani universities. Through the Chapter, I hope that these activities will stimulate our motivation, enthusiasm and inspiration to work for betterment of our communities and towards a more prosperous Pakistan.

It is a matter of great pride that NUST Community Service Club's program titled 'Education for Empowerment' won the 1st place for MacJannet prize for global citizenship 2015. This indeed was a great achievement not only for NUST's volunteers, but for the whole Pakistan Chapter.

July 2015 marked 2 years of PCTN's establishment. It now has a membership of 63 universities from all provinces of Pakistan. As all member universities may know from my emails that we would be selecting a new Steering Committee for PCTN towards the end of this year, we would earnestly request active PCTN members to become part of this committee, in order guide and steer the Chapter towards promoting the cause of community service throughout Pakistan.

I would also take this opportunity to request member universities to invite other member universities to their community service events, activities and seminars. This would strengthen and promote better linkages and pave ways for collaborative understanding, exchange of community service ideas and mutual learning.

As always, I am grateful for the contributions from the focal persons of member institutions, without whose support, publication of this newsletter would not have been possible.

Photo Courtesy NCSC

STEERING COMMITTEE

Chair PCTN

Engr. Muhammad Asghar (Rector NUST)

Members

1. Dr. Talat Naseer Pasha

Vice Chancellor University of Veterinary & Animal Sciences, Lahore

2. Dr. Muhammad Ali

Vice Chancellor Government College University, Faisalabad

3. Vice Admiral (R) Tanvir Faiz

Rector Bahria University, Islamabad

4. Dr. M Asif Khan

Vice Chancellor Karakoram International University, Gilgit

5. **Dr. Nisar Ahmed Siddiqui**

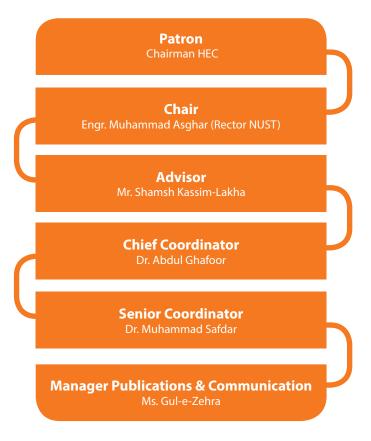
Director Sukkur Institute of Business Administration, Sukkur

6. Maj Gen (R) Hamid Shafiq

Vice Chancellor Gomal University, D. I. Khan

PCTN Secretariat

Housed at NUST, Islamabad





IN FOCUS

NCSC's 'Education for Empowerment' program wins first place in coveted Macjannet Prize for Global Citizenship 2015

NUST has won first place in the prestigious MacJannet Prize for Global Citizenship 2015 for its NUST Community Service Club (NCSC)'Education for Empowerment' program. The programs include tutoring, parent counseling, career counseling, skill development workshops and vocational training.

The MacJannet Prize was established by the Talloires Network and the MacJannet Foundation to recognize exceptional student community engagement initiatives at Talloires Network member universities, and contributes financially to their ongoing public service efforts.

This year, 61 nominations from 315 universities in 72 countries around the world were received for the MacJannet Prize. Winning the first position puts NUST in the league of the world's top universities which have been recognized globally for their civic engagement efforts.

"By making our youth more socially responsible, we all are trying to

make our world a more caring and prosperous place for all, and our project 'Education for Empowerment' had been one right step in this direction. We feel that this prize is a due recognition of our students' 'Education for Empowerment' initiatives for the community, and will motivate them to adopt 'Education for Empowerment' as a way of life. Besides boosting the student-led efforts for the community, this recognition will urge other universities to strive for excellence in community engagement. Above all, it will draw the attention of government and non-governmental organizations to invest in such community engagement programs at institutions of higher education for years to come, specifically in Pakistan. With this prize, we pledge to keep working for our communities and our people, and keep promoting the concept of 'engaged university' around the world, said Dr Syed Irtiza Ali Shah, faculty sponsor for NUST's Community Service program, while responding to the announcement of the coveted prize.







Bahria University Dental College conducts dental outreach programs





The Department of Community & Preventive Dentistry at Bahria University Medical and Dental College (BUMDC) conducted its 6th Dental Outreach under Community Support Program(CSP) at Bahria College PNS Karsaz Primary Section on April 23, 2015. Its purpose was to educate the young students about the importance and maintenance of good oral hygiene and spreading awareness about common oral diseases. About 450 students were catered from class 3 to 5 aged between 8 and 11. Demonstration of correct tooth brushing technique was also given on models and educational pamphlets were distributed. Those needing extra treatment were given brochures, inviting them to the dental OPD of BUMDC for free consultation and good quality treatment.

Earlier on also as a part of community outreach and service-learning, the Department of Community Dentistry organized its fifth free dental check-up program under the leadership of Dr. Kulsoom Fatima, Head of the Department and Principal Dental Section. On February 24, 2015, 2nd year dental students examined approximately 550 pu-

pils between 5 to 15 years at Behbood Secondary School, a government school located in the railway colony. Apart from unsatisfactory brushing habits, an increase in consumption of 'chalia' was found to be a major health concern. Clinical findings included dental caries, gingivitis, missing teeth, halitosis, and fluorosis. The students were educated on maintaining good oral hygiene through proper tooth brushing habits including brushing method, as demonstrated on a model, along with emphasis on intake of a healthy diet. Oral hygiene kits, sponsored by Colgate, were distributed amongst the children to reinforce oral health.

Under the same theme World Oral Health Day 15' was celebrated on March 20 to reinforce the importance of oral healthcare. The activities included a two-day free dental checkup at the dental OPD which engaged faculty from every department and attracted a good number of patients. Oral hygiene kits were distributed among the patients. A seminar was also conducted on March 19, which was hosted by Dr. Nida Siddique, Incharge Oral Biology.

Riphah sets up medical camps for underprivileged

Several medical camps were organized by Riphah Social Welfare Department (RSWD) throughout this year. Doctors from Peadiatrics, Dermatology, Eye, ENT, Medicine and Rehabilitation Department along with Speech Therapists participated in these medical camps. A free medical camp was organized at Riphah International Hospital Sihala for the children of Pakistan Sweet Homes on January 1, 2015. 170 children were examined by the specialists. On this day a short lecture regarding Islamic Ethics and another one on Hygiene was also organized for the children.

Another medical camp was organized on March 31, 2015 at the vil-

lage Kaak in collaboration with Riphah International Hospital Sihala. 135 patients were given treatment and medicines and around 25 patients were referred to RIH Sihala for further treatment. Dr. Azhar Khan DHO (District Health Officer Isb) also visited this medical camp and extended his cooperation and support.

A free medical camp was also arranged at Rural Health Center Sihala in collaboration with the Islamabad Health Department on May 3, 2015. About 275 patients were examined and given free medicines 30 patients were also referred to Riphah International Hospital Sihala for the further treatment and investigations.









ADVOCACY/ AWARFNESS

Riphah, City Traffic Police sign MoU

An MoU was signed between the Riphah International University and City Traffic Police Rawalpindi. The salient features of the MoU included delivery of traffic rules awareness lectures in all campuses of Riphah; development of model road i.e. main Peshawar road; first aid training of Traffic Police officers; traffic rules awareness walks by Riphah students and driving training of Riphah students on 50 % fee discount by City Traffic Police.

Senior Superintendent of Police (CTP), Vice Chancellor Riphah, Executive Director, Director General Health Services and Dean RIMS exclusively participated in this prestigious ceremony.

After the MoU signing Riphah Social Welfare Department has organized number of traffic rules awareness lectures for its students and employees with the collaboration of City Traffic Police (CTP) Educa-

tion Wing. Two lectures were arranged for the students of Islamic International Medical College (IIMC) and Riphah School of Rehabilitation Sciences on February 19 and June 17, 2015. Around 150 students of IIMC and 75 students of RCRS attended this very informative lecture. Students appreciated this lecture and showed great interest in this lecture. A detailed presentation on Traffic Rules was given by In-Charge Education Wing of CTP Officer.

Training of City Traffic Police Rawalpindi has been started in IIMCT Railway General Hospital Rawalpindi. This first batch consisting of 15 CTP Officers participated in two days First Aid Workshop. This First Aid Training would be held on a weekly basis in which all CTP officers of Rawalpindi division will participate.





Celebration of Women Week at UAF

Female students and faculty of UAF organized an awareness campaign for women to motivate them to participate in progress of country. Several events were held as part of Women's day celebration from April 8 to April 12, 2015. During this time different skits were performed to highlight the importance of women in society. Many renowned speakers including Ex-Vice Chancellor of UAF Dr. Bashir, Dr. Younas, Ms Sheeba, Dr. Naheed Abbas, Dr. Noreen Rana, Rabia Faridi and Dr.Bushra Sadia captivated the audience by their motivational words. The speakers encouraged the audience to play an active role in the economy and society. Women were motivated

to use their skills and talents. Miss Sobia Rose presented a humorous essay with topic "The rapidly increasing women empowerment". Vice Chancellor UAF Prof. Dr. Iqrar Ahmad khan acknowledged the activities of female circle and also announced the winner of different competitions that were held during the week.

Earlier on World Women Day celebrations was arranged in UAF on March 10, 2015 in which different events including seminar, walk, cooking and painting contests, cultural show, etc were held. The University of Agriculture also remained a hub of sports activities for the women.





The average distance that women in Africa and Asia walk to collect water is 3.7 miles.

Inauguration of Character Building Society at University of Agriculture, Faisalabad

University of Agriculture Faisalabad inaugurated 'The Character Building Society' on April 29, 2015 which will work to address the ethical and moral issues concerning students so that they can work for the nation in a better way. The objectives of this society will be the inculcation of high moral and ethical standards (unity, faith and discipline), services to humanity in the hour of need, to act as whistle blower against social evils, malpractices and corruption and the promotion of professional ethics among students. CBS society of UAF students organized two events for youngsters on the topics 'Character makes a man sublime' and on 'Personality grooming and enlightenment' on July 17, 2015 and June 20, 2015 respectively. Rear

Admiral Saeed Ahmed Sargana (Deputy Chairman NAB) was cheif guest, where as Mr. Qasim Ali Shah (Principal House of Success, Lahore) & Prof. Dr. Riaz Majeed (Writer & Poet) were guest of honor of this seminar.

The purpose of these events was to make the students aware of their moral duties and motivating students to bring a positive change in society. Speakers forced on the reality that instead of expecting the government to change things for us, we should strive to change ourselves and society. This will eventually force the government to change itself.





Awareness session on protection against Harassment of Women at LCWU

Women Institute of Leadership and Learning (WILL) organized an awareness session on Protection against Harassment of Women at Workplace Act 2010 on March 5, 2015 at the Department of Gender and Development Studies, Lahore College for Women University. The laws about protection against harassment of women at work place have been introduced to protect women but their implementation is possible only when women have the awareness of these laws and the courage to report any violation of the law.

WILL also organized an interactive session on Punjab Women Empowerment Package 2010 on March 6, 2015 at the Department of Gender and Development Studies, LCWU. The purpose of this session was to create awareness among students about the different initiatives taken under Women Empowerment Package which includes women's legal rights, health, education, employment and political rights and privileges. All the activities carried out made the women aware of their rights.



DFID Conference on Women Empowerment at Bahria

Under the banner of 'He or She Pakistan', DFID held a conference on February 28, 2015. The conference followed a pattern of 1 hour interactive sessions with an esteemed panel comprising of heads of prominent non-profit organizations, public policy representatives and social critics. The conference served as a grand forum for brainstorming on solutions for issues related to female subjugation and handicaps suffered by women of all strata's within the international community. The session also targeted the root cause of marginalization and aimed to understand the patriarchal psyche existing within most developing nations.

The international slogan 'He or She' served as a theme for the conference and aided in understanding gender equality by bridging the gap between both genders and creating solidarity among them.



World over about 50% of women report harassment at work ranging from being deliberately undermined to being victimized.

Rozan – One Billion Rising campaign at Bahria University



One Billion Rising, an international campaign, is being carried out in Pakistan by Rozan and Insan Foundation for bringing positive change in the society about injustice against the vulnerable like women, ethnic and religious minorities and the poor. Keeping the yearly tradition alive Rozan Pakistan visited BU Islamabad campus to record voices on the two themes 'Rising for an Inclusive and Peaceful Pakistan' and 'Puraman, Mutahid, sab ka Pakistan' in English and Urdu respectively. Students of BU had to sign a poster with a message on it starting from 'A Peaceful and Inclusive Pakistan is possible if...' and 'For me a Peaceful, inclusive Pakistan mean..., which was displayed on February 14, 2015. Singers from the Music Society of BU also sang and recorded songs written, by writers from the organization itself, for promotion of the campaign and showing support.

Moreover three sections of the BBA classes helped Rozan in carrying out a research related to child sexual abuse in Pakistan.

Seminar on observance of traffic rules and regulations at Bahria University

Education unit of City Traffic Police Lahore visited Bahria University on April 21, 2015 and delivered a series of lectures on observance of traffic rules and regulations and educated the students about the importance of traffic rules. Subsequently a seminar was conducted at BULC on May 5, 2015 addressed by inspector Nazia Bakar, Head Education Unit, City Traffic Police Lahore on the importance of driving license. Later, City Traffic Police Lahore also provided on-campus learner license facility for faculty, staff and students. More than 70 persons availed this opportunity and got their learner license.



FACT

Rawalpindi Traffic Police issued fines amounting to Rs.196 million against traffic violations in the last financial year.

UoH organizes seminar on 'The Role of Teachers and Students in the Reformation of Society'

Department of Islamic and Religious studies, UoH organized seminar on, 'The Role of Teachers and Students in the Reformation of Society' at Senate Hall. The objective of this seminar was to give awareness to the students and teacher about the rapid changes in society due to the new development in technologies especially internet and media. Prof. Dr. Arshad Qayyum, Principal Government Degree College Ghazi, Haripur was the guest speaker. More than hundred students and teachers participated in the seminar.



International Women's Day observed at VU

The Department of Social Sciences and Humanities, Virtual University of Pakistan celebrated International Women's Day on March 9, 2015. The event was celebrated under the theme 'Make it happen'. The purpose to celebrate this event was to highlight women's role in a successful society and discouraging the suppression of women that exists in our society. Dr. Rakshanda Nawaz (Former Dean of Sciences, Agriculture University Faisalabad) was the Chief Guest of the event. Ms. Saba Khalil (HOD, Computer Science) & Dr. Yasira Waqar (HOD, Education Department and Dy. Director QEC) were the guests of honor. The female faculty of VU celebrated this enthusiastic event wholeheartedly by wearing purple dresses and ribbons.









Virtual University of Pakistan organizes seminar on International Labor Day

The department of Social Sciences and Humanities arranged a session to celebrate International Labor Day on April 29, 2015. The objective of this thought provoking seminar was to sensitize the members of the society about labor issues. The speakers of this session were Mr. Irshad Waheed, Deputy Director (P&PR) Social Welfare Department, Govt. of Punjab and Ms Bushra Khaliq, Executive Director of Women in Struggle for Empowerment (WISE). Both speakers shared their experiences and efforts in their fields towards labor issues in Pakistan. Mr. Irshad Waheed spoke on children's rights and hazardous occupations in which children are involved. He also highlighted the initiatives which the government has taken towards these issues. Ms. Bushra Khaliq shed light on the problems of working women.







Upcoming Conferences and Events of The Talloires Network

October 2015

- 12th PASCAL International Conference: Connecting Cities and Universities as Strategic Frontiers. Catania, Italy. 7-9 October, 2015.
- 2015 Annual Meeting of the Coalition of Urban and Metropolitan Universities. Omaha, Nebraska, USA. October 11-13, 2015.
- International Association of Universities 12th Annual Conference. Internationalization of Higher Education. Siena, Italy. 29-30 October, 2015.
- Ireland International Conference on Education (IICE 2015). Dublin, Ireland. 25-27 October, 2015.

November 2015

- 4th University-Community Engagement Conference. Gold Coast, Australia. 1-3 November, 2015.
- 2015 ALARA World Congress. Pretoria, South Africa. 4-7 November 2015.
- LICE 2015: London International Conference in Education. London, UK. 9-11 November, 2015
- 4th Annual Lynton Colloquium on the Scholarship of Engagement. University of Massachusetts Boston. Boston, MA, USA. 14 November, 2015.
- 2015 International Association for Research on Service-Learning and Community Engagement Conference. Northeastern University, Boston, Massachusetts, USA. 16-18
 November, 2015.

16



HEALTH

NUST, Jamila Sultana Foundation organize Blood Donation Drive 2015

With the will to spread health and serve the society through the gift of well-being, NUST Community Service Club's 3-day blood donation drive kicked off on March 10, 2015 at the helipad ground, behind NBS. The event timings were 10 am-6 p.m. To cater to the caring nature of the donors, Jamila Sultana Foundation, carrying the mission of eradicating thalassemia, was at service. The three day camp ran from 10th-12th March 2015. All donations are going to serve thalassemia children registered with Jamila Sultana foundation. NUST administration also provided support in setting up the camp. A total of 333 pints were collected from 90 girls and 243 bovs.

The blood donors were provided with refreshments after donating blood at the camp. A photo booth was also set up at the camp. More importantly, quite a few NUST students were diagnosed for Thalassemia minor, which is otherwise not a disease, but



such students cannot marry a Thalassemia minor spouse. All these students have been counseled and advised accordingly by Jamila Foundation doctors present at the camp. All it took to breathe life into close to 1000 thalassemia patients was 15 minutes per donor. One donated pint can serve for 3 pints and can save 3 lives separately. Blood donation invigorates new blood formation in the body and is considered very healthy by doctors, once every 6 months for all ages between 16 to 45 years.





NUST Free Eye Camp in collaboration with Al-Shifa Trust



As per its tradition, NUST Administration and NUST Community Service Club (NCSC) organized a free Eye Camp for NUST students, faculty members and NG Staff on April 17, 2015, at the Medical Centre, NUST; in collaboration with Al-Shifa Eye Trust, an esteemed and trusted organization based in Islamabad.

The camp included qualified doctors and 18 efficient staff members of Al-Shifa Trust assisted by commendable arrangement by NUST administration and organizing team of NCSC executives and volunteers. The aim of the camp was to provide the general Non-Gusseted (NG) staff with free eye check-ups, free medicine and free glasses. This year,

the turnout was remarkable; a staggering 735 people were facilitated in a single day. It should be noted that most of the people among the treated were Non-Gusseted staff, which were the main target of the campaign. The camp setup separate tents for males and females which were being catered regularly by NCSC executives and NUST Administration staff who all worked with passion to served the community. The first half of the day was reserved for NUST NG staff and their families while the second half for NUST students, faculty and staff. There were 539 males and 196 females who were checked in the eye camp. 425 of these were NG staff. A total of 188 patients were given medicine and over 350 were given glasses.

The event was concluded in a timely and professional manner at 5 pm. Souvenirs were distributed to the Al-Shifa team by Pro-Rector P & R, General Shahid and a group photo was taken at the end which marked the end of this successful event.



NUST Masa'adah team organizes free medical camp in collaboration with TDC



A free medical camp was organized on April 8, 2015 at Nilore, Islamabad by NUST Community Service Club (NCSC) Masa'adah team. The Diabetic Centre (TDC) also helped to organize this camp by providing equipment, specialized team and a doctor. The main aim of the camp was to provide free diabetes check-up to the people who cannot afford the facilities of the clinics and hospitals. The tests that were done included blood sugar, blood pressure, diabetic foot screening, cholesterol level and complete BMI test. Moreover, patients were provided free medicines as prescribed by the doctor at the camp. Community service learning (CSL-401) course participants also volunteered to organize this camp.

64 patients had their complete check-up done which included blood sugar, blood

pressure and BMI. Patients showing symptoms of diabetes were provided medicine. Out of the 64 patients, 7 patients were diagnosed with high blood sugar level. 15 patients had high BMI level, only 1 had high visceral fat level and 24 patients had high body fats level. All of these patients were then provided with free medicines.

Various multivitamins were also provided to people who had nutritional deficiencies.



By this camp, the team was also able to spread awareness about diabetes and its effect on human life. This provided insights to the people of the village and made them more learned. People became more aware on how they could control their diabetes without medications and how they can control their BMI level and the fats percentage.

DSU, Indus Hospital hold blood donation drive

DHA Suffa University (DSU) held a blood donation drive on its campus in collaboration with Indus Hospital. On March 6, 2015, DSU students, faculty members and staff flocked to donate blood from 0930 to 1630 hours. Indus Hospital had arranged a very swift system of registering, screening and collecting blood. Volunteers of the DSU student community enthusiastically kept rolling up their sleeves with an aim to become someone's lifeline. This blood drive was DSU's way of delivering on it's pledge to serve society and of involving it's students in community service. At the end of the day a total 138 bottles of blood were collected. It is noteworthy, that DSU regularly partners with organizations



like the Marie Adelaide Leprosy Center, Indus Hospital and Injaz Pakistan in an effort to motivate its students to act as catalysts for change in the Pakistani society.

Two-day international workshop on 'Biofortification of staple crops: a solution to combat malnutrition' held at UAF



Child malnutrition is a serious issue responsible for half of total deaths in children under-five-year-old. For creating awareness about the possible solution of this issue, a 2-day International Workshop on 'Biofortification of staple crops: a solution to combat malnutritio' was organized by the Department of Agronomy at UAF on March 29-31, 2015. Workshop was presided over by UAF Vice Chancellor Prof. Dr. Iqrar Ahmad Khan while Prof. Martin Broadley (British University Nottingham) and Dr. Kausar Abdullah Malik (FC College-University Lahore) were guests of honor. Prof. Dr. Iqrar Ahmad Khan said that 2 billion people in the world are suffering from various forms of malnutrition which is considered as top risk to human health worldwide. The guests emphasized on the adoption of genetically modified crops, diet diversification coupled with micronutrients and biofortification of staple crop through enrichment of plants with micro and macro-nutrients to address the issue of malnutrition and food security at global level. They also urged the need for a nutritional campaign at National level to sensitize the general public and to create public awareness regarding malnutrition to overcome imbalanced food crisis.

Seminar on Breast Cancer at UAF

Institute of Rural Home Economics (IRHE), UAF arranged an awareness seminar on Breast Cancer on April 7, 2015. Breast Cancer kills 40,000 women every year in Pakistan. This seminar was chaired by Director IRHE Dr. Naheed Abbas, Dr Sarwat Saqib from Aziz Fatima Hospital and Dr Binish Asad. The speakers said that the women who eat the higher levels of the saturated fats have the double the risk of breast cancer. They highlighted that illiteracy, social taboos, women hesitance and the myths are the great hindrance in early detection, diagnosis and treatment. The experts urged the women to make the proper check-up for prevention and the early treatment of the disease as if cancer was detected at early stages, chances of survival increases manifold.



Free blood grouping camp at PARS campus, UAF

Khalid Bin Waleed Rover Scouts Unit and Muhammad Bin Qasim Rover Scouts Unit of Agrivarsity Scouts Group organized free blood grouping camp on January 22, 2015 at PARS campus, University of Agriculture, Faisalabad. Dr.Abdul Jabbar was the chief guest at opening ceremony. At this Camp, 250 male students were tested for their blood group free of cost.





IST collects funds for medical treatments

Students from Institute of Space Technology were informed about a girl who was born with a hole in her heart (Ventricular Septal Defect) on April 28, 2015. The doctors had advised an open heart surgery as the girl, Zainab, was also suffering from Arrhythmias. The father of the child wasa cab driver and hence lacked the fund for the treatment of his sickling. Students from IST collected donations and with additional assistance from donors, the doctors were able to perform the surgery which hailed a success, now the young child enjoys sound health.

On May 22, 2015 another case was referred to students of Institute of Space Technology about a girl of 9th class who had swallowed a sharp pin which had reached her left bronchus. She belonged to a poor family and hence her parents couldn't afford the cost of the whole medical procedure. IST collected funds and gave it to the girl's family. With the assistance of other community members and the kind heartedness of the doctor a week later she had her operation at CMH Rawalpindi which went well.

Blood donation drive for SKMCH at Bahria University

Bahria University Lahore Campus organized blood donation camp in collaboration with Shaukat Khanam Cancer Hospital on May 20, 2015. A large number of students, faculty and administration voluntarily donated blood. The Director conveyed his sincere prayers for those who are suffering and also appreciated the efforts of the students for organizing and participating in this good deed.



Thalassaemia Awareness Walk at KASBIT

Khadim Ali Shah Bukhari Institute of Technology (KASBIT) in association with Omair Sana Foundation arranged Thalassaemia Awareness Walk on May 8, 2015. Prof. Muhammad Rais Alvi – Director KASBIT lead the walk with faculty members and a large number of students. Participants carried banners and placards with messages spreading awareness about thalassaemia and its treatment. Students also went around their neighbourhoods and educate people about thalassaemia. The Director said that prevention is better than cure. Thalassaemia is a heritable haemoglobin disorder which can be cured if people are given effective treatment and prevented if hematoligical tests are carried out before marriages.



Workshop on Pre, Post HIV/AIDS test counseling at BULC

With the collaboration of UNAIDS, Punjab Aids Control Program and Institute of Professional Psychology BUKC organized a three days training workshop on 'HIV testing and counselling' at Bahria University Lahore Campus from April 27 to 29, 2015. The objective of this training was to acquaint all stakeholders working in the field of HIV with the requisite knowledge to ensure optimum delivery of services.

Blood donation camp at Riphah



Riphah Blood Donor Society (RBDS), Riphah Society for Excellence (RSE) and Riphah Social Welfare Department (RSWD) organized a blood donation camp on Tuesday, May 26, 2015 from 09:00 till 17:00 at Riphah International University I-14 Islamabad. As per MOU AFIT will provide blood to Riphah students, employees and their families as well as deserving patients admitted in the allied Hospitals of Riphah.

Students of LCWU work on 'Healing the Depressed Souls'

In order to make people aware of their role in society, students of Lahore College for Women University, Pharmacy Department, in collaboration with British Council, organized a project on Old Age homes titled 'Healing the Depressed Souls'.

The aim of the project was to convey to the masses that everyone should love and take care of old people. This includes their own parents as well as the senior citizens in the society. Old people who are not living with their families but are living in Old Age Homes deserve to live a life of dignity. This project helps to create a sense of awareness in the society about the role of each individual towards Old people living in Old Age House.





FACT

6000 children are born with thalassemia every year. 3,000 to 4,000 children are born with the more virulent form of the disease, called Thalassemia- major every year which can be avoided by simple blood tests before marriage.

LCWU and Fatimid Foundation hold blood donation camp

The Student Affairs Office of Lahore College for Women University, in collaboration with the Fatimid Foundation organized a blood donation camp to help children suffering from Thalassemia, Hemophilia and Leukemia. The students of LCWU showed remarkable interest and enthusiasm and donated generously for the noble cause.



Best blood donation shield awarded to Lahore College for Women University

LCWU has been awarded the first position Shield in a seminar on 'World Blood Donors' Day' organized by the Pakistan Red Crescent Society, Punjab Provincial Branch on July 29, 2015, for donating around a hundred and fifty bottles of blood in the year 2014. Ms. Mahrukh Bokhari, Principal Intermediate College LCWU, received the shield.





EDUCATION

26

UAF playing active role for promoting Primary education

This student funded society of UAF 'The Child Labor Education Program' visited different communities and slum areas and motivated non-school going children and their parents for the education of their children. They were able to convince about 20 kids and now UAF students are supporting and bearing the educational expenses of these kids by collecting donations from their fellow students.

In 2015 students visited different schools and conducted the competitions among kids such as painting, debate, naat and different game competitions. The purpose of these visits was to create awareness about the importance of quality education. Moreover the students of University of Agriculture Faisalabad also arranged a rally in campus with a motto 'We want no barriers to Education'. The purpose of this campus walk was to record the protest against the kidnap of more than 200 school going girls in Nigeria.



December 16, 2014 was the day when our nation lost 144 innocent souls in a massacre at APS Peshawar. It was a 'Black day' for the whole nation. To remedy this loss, students at Institute of Space Technology came up with the idea of 'Sponsor a Child's Future' programme to help underprivileged students with a promising educational future. IST collected funds from donors and sponsored 33 students studying in various Government-run schools in Rawat and surrounding areas. In this programme students are provided with uniforms, shoes, bags stationary and other material required by the students. Students from class 3 and 4 are selected on merit basis; a criterion which included a test, student's performance in the last exam, financial background and educational interest. The team maintains a close check on the academic updates for the donors of the sponsored students. According to the programme, the students' sponsorship will continue to higher classes.





Sasti Basti school renovation and development projects

Sukkur IBA 'Aao Parhao' Team successfully completed their project of renovation & development of Sasti Basti School in Sukkur. Under this project students undertook renovation of Sasti Basti School in a slum area of Sukkur. They donated furniture, renovated school inner and outer walls, painted it and installed new ceiling fans.

The students had collected funds of more than Rs.100,000/- by arranging a film festival and other activities for fund collection. The Express Media Group under campaign of 'Aao Parhao' donated Rs. 40,000 in cash besides paint and fans for the renovation of Sasti Basti

school.

Prof. Nisar Ahmed Siddiqui Director, Sukkur IBA along with Mr. Zahid Hussain Khand, Registrar, faculty members and other distinguished guests visited the school to witness the renovation work. He appreciated the efforts of Sukkur IBA students. The Director also announced that soon Sukkur IBA will provide solar cells along with energy saving LED lights to the school. The university would also provide training to the staff of school.



Mentorship session held by Kinnaird students for Care Foundation

Care foundation is one of the very famous and leading multinational organization working for the education of underprivileged children. This year team of Care Foundation requested Kinnaird's Community Service Coordinator to send volunteers who can lead mentorship sessions with their students. Kinnaird's volunteers were divided in to 2 groups; each group consisted of 12 girls. One group held a mentorship session on CARE's Mission Nutrition on June 3, 2015 with a group of 80 students. The other group conducted a mentorship session on common illnesses and disease on June 5, 2015 with a group of approximately 70-80 students. The volunteers of Kinnaird College raised funds within their college and distributed goody bags amongst almost 200 students as a token of appreciation and love.



Adoption of school in Mauritius by Greenwich University

Greenwich University, with the aim of imparting quality education around the globe, and promoting positive image of Pakistan, has adopted Iqra Junior School in Mauritius.

Purpose of adoption of School is to train the teachers of the School in Modern Teaching Pedagogy, and providing of books, IT equipment, and organizing curricular, co-curricular, extra-curricular activities for the students.

In this context, an online training workshop on Constructive Learn-

ing for the Teachers was conducted on August 22, 2015 at Greenwich University, Pakistan (Mauritius Branch). The aim of this online workshop was to provide guidance to the teachers of schools and colleges about cognitive and autonomous teaching methodologies, which would be helpful in their professional life.

The presenter was Mr Muhammad Ali Saeed, Assistant Professor, Department of Business Administration, Greenwich University, Karachi, who has been declared as 2nd best trainer of Pakistan.



In Pakistan 25.02 million boys and girls between the ages of 5 and 16 are not in school. By the higher secondary level almost 85% are not in school.

Lettuce Bee Kids Literacy Program IV

Keeping up with its tradition of being involved in community work, Bahria University Islamabad has collaborated with Lettuce Bee Kids for the fourth year since 2012 to educate street children in summer vacations. This year the Lettuce Bee Kids Literacy Program was initiated in June 2015 at Bahria University Islamabad where the computer labs are used for interactive learning among the children. A total of 26 students volunteered to teach 42 children. Most of the children were below the age of 10 and 60% of them have never been to school. The focus of learning for these children is reading, writing, English proficiency, Arithmetic, motor skills, and social and emotional development. This fruitful collaboration between BUIC and Lettuce Bee Kids is beneficial for both the volunteering students and the street children.







LCWU students mentor orphans to raise their self- esteem

In order to enhance the self-esteem of young orphan girls living in orphanages Dar-ul-Shafqat different activities for them, were planned by LCWU students from department of Gender Studies. Different activities including jewelry making, hair styling, writing competition, opportunities to speak, brief lecture on self-defense, drama competition, and documentary sessions on sexual harassment and identity activity were held. These initiatives brought smile on the young,

bright and energetic faces of young girls and prepared them to face the bitter realities of life with courage and provided them opportunities to explore and utilize their potential positively.

Similarly boys living in Dar -ul- Shafqat were taught cleanliness through lectures and movies. They were also taught computer skills, vocabulary, gardening, cooking, fun games and electrician classes to boost up their self-esteem.



NCSC Edvolution team teaching kids of slum areas

The Edvolution Team has introduced Aalif project in an effort to move a step further in achieving their initial goal, which is to educate the underprivileged and unfortunate children coming from slum areas. A team of 5 members was formulated, who are appointed to visit Kachi Abadi G-11 signal five days a week. The volunteers are responsible to teach basic Urdu, English and Math skills to children aged 5 to 15. Apart from that the team will also try to inculcate the basic values, etiquettes and awareness in them.



Consolation of Children project at Services School F-8/4 by NCSC



NUST Community Service Club (NCSC) TABA team arranged a visit to "Services School F-8/4, Islamabad" for Consolation of Children project. Community service learning course (CSL-401) participants joined in the activity as part of their mandatory field project. The school is for children of maids, servants, drivers and similar who cannot afford regular schools for their children. A team of 45 NUST students led by Ms Sadia Khaf, arranged sports, painting, teaching computer skills and debates and confidence building activities for children. Smart and active students were awarded with sports equipment, coloring books, paints and chocolates.

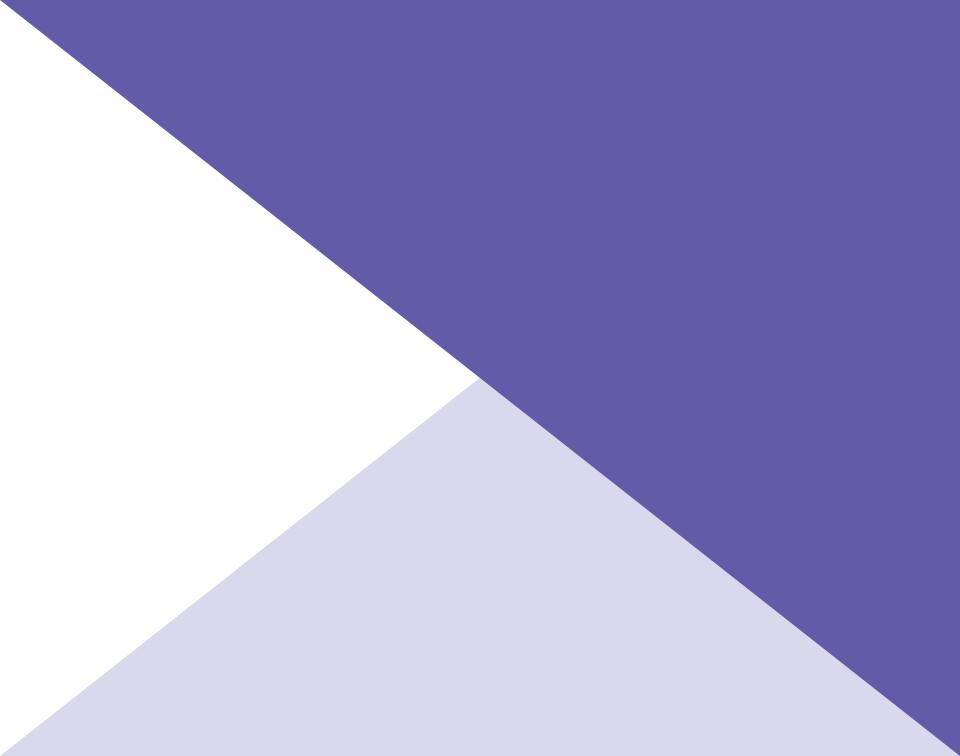


Only 18% of Pakistani women have received 10 years or more of schooling

Participation of UMSIT students in Community Development Program by British Council

British Council selected the pro-active students from the University of Management Sciences and Information Technology, Kotli, for Community Development Program to be conducted on March 30 and 31, 2015. These students travelled to Islamabad and in the introductory session met the students and faculty members from the University of AJ&K and the University of Poonch. Different sessions were organized by the resource persons of the council and activities of various nature continued the whole day. The students were guided and encouraged to choose certain projects which would be useful for the community. In the evening, the Vice Chancellor, UMSIT, Kotli also joined the students and exchanged his views with them regarding the activities of the day. The next day, the participants from all the universities were taken to the Marriot Hotel where the Minister Youth and Development AJK Government, Abdul Salam Butt, Mr. Mehmood Khan, Ms. Farzana Yaqoob, Minister for Social Welfare and Women Development, Secretary Education and the Vice Chancellors of the universities engaged in the question-answer session.







DISASTER RELIFE

NCSC completes water well installation in Thar for resolving water issue of drought struck area

In an effort to improve the health and hygiene of the rural population of Sindh, NUST Community Service Club (NCSC) decided to collect funds for establishing wells at several villages in Thar. The organization Association for Water, Applied Education & Renewable Energy (AWARE) worked on the installation of water well for the residents of village Hyder farm. The first well was installed in Ratan Bheel Paro of union council Khejrari, district Umerkot, Sindh. The desert village is home to a population of resilient people who have been grappling with issue of inadequate safe drinking water for themselves and their livestock for many decades. The newly-installed water well will provide safe drinking water to 350 people from 50 households, contributing to improved health and hygiene.

A team from AWARE held a series of consultations and meetings with the community, in order to create ownership of the project from the beginning. Awareness sessions were organized for women, children and elder male members of community for communicating the importance of health & hygiene in relation to safe water. At community level, Water User Committees (WUC) comprising over three members have been formed. The project was monitored and evaluated by AWARE Management and Monitoring Officer.

After a successful installation of one water well, further 15 locations were identified where extreme water shortage existed. The areas included 11 villages of UC Khejrari, and 4 from Faqeer Abdullah & Umerkot kot . On 22 May, 2015, two students from NUST belonging to Thar area visited the 15 sites and met community partners. The project was completed on August 25, 2015 and water issue of several areas has been addressed by construction of a total of 16 water wells by NUST.





Flood donation distribution ceremony at NUST

NUST Community Service Club (NCSC) and NCSC TABA team in collaboration with NUST Administration organized a flood donation distribution ceremony on January 24, 2015. The ceremony was arranged to distribute cash donations to NUST NG staff whose property were destroyed due to the floods in Punjab in 2014. Flood donation campaign was successfully carried out by NCSC and NCSC TABA team members and Rs 300,000 were collected. NCSC invited applications from all NUST H-12 campus schools and directorates whose property was destroyed. After conducting interviews, 17 affectees were shortlisted and were given cash compensation.



VU organizes training workshop with Rescue 1122

Bahawalnagar Campus of Virtual University of Pakistan arranged a two days training workshop with Rescue 1122. The basic purpose of the training was tackling disasters like fire emergencies, medical/first aid and prehospital emergency. In this seminar, students also got practical training i.e. how to control the bleeding and what should we do in case of fracture. A special session was kept for training of controlling the fire and the use of fire fighting equipment. Students participated with keen interest and contemplated all the practice delivered. At the end, students were also given refreshment and special training certificates were awarded to them from Rescue 1122.





It was estimated that the July/August 2010 floods damages in Khyber Pakhtunkhwa, Punjab, Sindh, Balochistan and Gilgit-Baltistan areas were in excess of \$43 billion.

UAF scout group gets training for disaster management

University of Agriculture, Faisalabad scout group arranged several activities, trainings and adventure programs at the main campus from February 21 to 25, 2015. Many inspirational speakers were invited by the president of scout group to motivate the scouts. It was completely a successful event almost all the scout members at campus participated in these activities and training sessions. One of the important activity was the training of scouts for disaster relief man-

agement because every year Pakistan undergoes a natural disasters like floods, earth quake and heat wave. For these hard times it is very important to have a team of trained volunteers. The captain of scout group asked the willingness of scouts for volunteer service. It was the moment of great pleasure when each every scout assured their willingness for volunteer work.









The July/August 2010 floods had seen one-fifth of Pakistan's total land area submerging underwater, affecting about 20 million people and killing over 2,000 people who had come in the way of the raging waters.

36



ENVIRONMENT PROTECTION

VU holds plantation and anti-littering drives across Pakistan

Environment Protection Society of Virtual University of Pakistan took a healthy initiative by conducting a plantation activity all over Pakistan for the celebrations of Student Week 2015 during the month of March. This activity was conducted to create awareness of green environment among the young generation. A large number of saplings were planted by students in more than 20 cities including Badin, Hyderabad, Karachi, Sahiwal,

Bahawalnagar.

During the same week an anti-littering activity was conducted in many cities. Students from different cities including Jalalpur Pirwala Hyderabad, Ghotki, D.G. Khan, Bahawalpur, Gujranwala, Bahawalnagr took part in cleaning their surroundings from garbage and played their role for creating a clean and green environment.

Environment Protection Society also ob-

served World Environment Day on June 05, 2015 to stimulate awareness regarding environment protection. A seminar was planned to create consciousness and action regarding environment protection. Speakers at the seminar stressed the need for making individual and collective efforts to save the environment to bring about a positive change in the environment.





FACT

14 billion pounds (6B Kg.) of garbage are dumped into the ocean every year. Most of it is plastic.

Virtual University Gujranwala campus celebrates World Earth Day

VU Gujranwala campus organized a plantation campaign in collaboration with Divisional forest office, Gujranwala on the occasion of World Earth Day i.e. April 22, 2015 at Baela Thata Faqir Wala Forest near Wazirabad Bypass. The visit proved very beneficial as it provided first hand awareness to the students about importance of forestry in maintaining eco-balance in the world. VUP students planted fruit plants with their own hands in the nursery located at camp office which provided them a feel for green natural environment. A walk around the forest area

was organized during which students were briefed about operational activities of the Forest Department. Syed Asim Azhar Naqvi (DO Forest) and Mr. Shahid Tabussum (SDO Forest) gave a detailed overview of forestry and answered students' queries very generously. VU paid special thanks to Divisional Forest Office Gujranwala for arranging such a wonderful event and providing on-site and practical learning opportunities to the students.

This campus also organized an anti-littering campaign in collaboration with Gujranwala

Waste Management Company (GWMC) on April 23, 2015. The activity started with a walk from Gujranwala campus to Jinnah Park GT Road Gujranwala for the purpose of raising awareness about cleanliness in Gujranwala city. The students and officials from both institutions took part in this walk. Inside Jinnah Park, participants collected used wrappers of food items and handed over to GWMC field workers for disposal. The campaign ended with the distribution of pamphlets on cleanliness campaign among the students and the general public.





FACT

Pollution kills more than 1 million seabirds and 100 million mammals every year.

Tree plantation drive held by NCSC and course participants

NUST Community Service Club (NCSC) held a Tree Plantation drive followed by an environmental walk in remembrance of APS , Peshawar martyrs on Tuesday, April 7, 2015. Four NCSC members and twenty CSL-401 (Community Service Learning course) participants took part in this activity. The area selected for tree plantation was an open area located opposite to SOS Children Home, H-11 Islamabad. Formal permission for allocation of tree plantation camping was granted from CDA. The environmental walk started from NUST gate 10 and ended at the area selected for tree plantation campaign. Around 200 trees of various types were planted by the students.





Recycling day at Sky House School by Bahria University



Under the Community Support Program, 8 BUIC students conducted a 'Recycling Day' on May 13, 2015 at Sky House School, F-11/3 Islamabad. These students from the Department of Management held creative arts and crafts workshop for 30 students of the school. The main aim of the activity was enabling the students to understand the benefits and purposes of recycling and to teach them how to reuse trash into making brand new products. The students were told how recycling can conserve energy, reduce pollution and save the environment.

Old newspapers, plastics, and metals were used by the volunteers of BUIC and students of the school to make creative paper crafts, table decorations and centerpieces. The recycled end products made by the children were displayed on a notice board. 4 dustbins were placed in the school at the end of the activity and the children were advised how to put metal, glass, plastic and paper in different dustbins for reuse. The children of the school enjoyed the activity and took home the crafts they made with recycled materials.

Environment week at UMSIT, Kotli

Environment week was observed at University of Management Sciences & Information Technology, Kotli between April 7, 2015 and April 22, 2015 to create awareness and guide the faculty and students about the importance of a clean environment. During this time all the students and faculty members participated in cleaning the whole university. The university campus was divided into seven blocks, headed by one faculty member along with two student coordinators and ten member students. The university campus was cleaned and dengue breeding spots were removed. Dustbins were allocated to each block to maintain the work done. The Vice-Chancellor, Prof Dr Ghulam Ghous himself paid several visits to encourage the participants of the activity. Later a seminar was organized by the Co-ordinator, English Department inviting media persons

and people from the community to extend such activities in their respective areas. In the seminar, the honourable VC appreciated the active participation of the faculty members and students and showed his determination to form the university as a base camp for campaigning for a clean environment.

Earlier in the year UMSIT had organized a one day seminar on 'Environment and Sustainable Life' on February 4, 2015. The speakers presented their research in the seminar covering the topics including Climate Change and Biodiversity, Polythene bags and their hazardous impact on ecosystem and deforestation and environment. After the questions answers session, the participants of seminar participated in the walk. The students and teachers displayed banners and placards with slogans to protect environment to sustain the life on planet earth.



Earth hour observed at KASBIT



Earth Hour was observed on March 23, 2015 at KASBIT which is the largest volunteer movement observed in 160 countries all over the world. This is a gesture to end the energy crisis and conserve energy by putting off the lights for 1 hour every year in March. This year KASBIT became an official academia partner to WWF (World Wildlife Federation) in Pakistan and took active part in the Earth Hour celebration.

A pledge signing ceremony was held on the same day by Prof. Muhammad Rais Alvi – Director KASBIT and Mr. Asad – Corporate Relationship Manager WWF to commence the Earth Hour movement. Students shed light upon the importance of the earth hour and how to support the cause. This activity brought a sense of responsibility and sharing amongst the youth who are the future of this country.

Seminar, awareness walk on Earth Day at UAF

A seminar on 'Sustainable Waste Management' and awareness walk was organized on the occasion of International Mother Earth Day on April 22, 2015 in UAF. Prof Dr Igrar Ahmad Khan, Vice Chancellor, UAF, Prof Dr Muhammad Arshad, Dean Faculty of Agriculture, UAF, Prof Dr Javed Akhtar, Director Institute of Soil & Environmental Sciences, UAF chaired the seminar and participated in the walk. In this seminar VC UAF emphasized that humans are deteriorating the environment with their own hands by the irrational use of natural resources, deforestation and pollution, resulting in changing climate that has pushed the world into many disasters. The chairs accentuated on the establishment of green cities, proper solid wastes management and recycling for tackling a number en-

Together!

vironmental problems confronting Pakistan including degradation of natural resources and human health, vehicular and industrial pollution in atmosphere, water scarcity, deforestation, population growth, solid waste management, etc.

On the same theme of protecting the environment UAF organized an 8 day Workshop 2015 on 'Climate change' starting from April 18, 2015 in which scientists from eight countries participated. The experts warned that climate changes may turn parts of the world into desert, and cause flooding, drought and death on an unprecedented scale in the decades to come. They emphasized that effective mitigation and adaptation efforts should be undertaken with immediate effect. Prof Dr Igrar Ahmad Khan and Christian Mollmann

One Day Seminar

Sustainable Waste Management"

Old Senate Hall, UAF

Hand Made Poster Competition

Theme: Let's go green

Institute of Soil & Environmental Sciences

University of Agriculture Faisalahad





counselled that environmental degradation, pollution, emission of smokes from factories, ozone depletion, deforestation and land degradation pose a series threat of climate changes which are creating health problems, food insecurity and reducing income of farming community. The experts emphasized on the promotion of resilient crop to address agricultural productivity and food insecurity issues, installing effluent treatment plants at source to address pollution issues, and out-of-the-box viable solutions to address the issue of the climate changes.

Clean the Campus drive, LCWU

An activity was designed by the Department of Education to endorse the character and community services skills and sense of cleanliness in student community. Dr. Sadaf led the activity. Students labeled and designed the bags especially for this occasion and collected garbage to make people aware of the importance of cleaniness in community and to promote the culture of keeping the surrounding clean by active participation of all members of community.



DSU students visit WWF Wetland Centre

DHA Suffa University students visited World Wild Life Federation (WWF) Wetland Center, Sandspit on April 4, 2015. Students were accompanied by the faculty members and WWF representatives. WWF representatives gave a briefing to the students about marine wild life and creatures. Students were provided with detailed information on mangroves, importance of planting mangrove trees and their role in conserving nature and wildlife. Later, students were taken into the

mangroves, where they walked up to shoulder height stagnant waters. The final activity was a short presentation about WWF.

The trip was not only an informative experience for students but it evoked the importance and significance of wild life in the ecological system. The trip also served the purpose of a fun excursion, where students enjoyed themselves.





Department of Forestry and Wildlife Management UoH celebrate World Wildlife Day

The Department of Forestry and Wildlife Management of the University of Haripur celebrated World Wildlife Day on March 3, 2015. The theme of the day was 'Wildlife Crime is Serious, let's get Serious about Wildlife Crime'.

The theme of the day was decided under a call given by the UN General Secretary to draw attention of the people worldwide to the precarious status of wildlife, its beneficial role for the mankind and ecosystem and to the urgent need to conserve the species of flora and fauna before they reach the verge of extinction.

The seminar was attended by a large number of the students and faculty of the University and invited guests from different government departments.

Mr. Safdar Ali Shah, Chief Conservator wildlife, Khyber Pakhtunkhwa gave an overview of wildlife crime in Khyber Pakhtunkhwa and its mitigation strategy. He talked about drivers and incentives for Wildlife Crime with specific reference to endangered species. He ex-

International Biological Diversity Day celebrated at VU

The Department of Molecular Biology, Virtual University of Pakistan in collaboration with WWF-Pakistan celebrated 'International Biological Diversity Day' on May 22, 2015 at LRO campus Lahore. It was celebrated to create awareness among masses about the importance of biodiversity and threats to it.

World Biological Diversity Day is celebrated all over the world to highlight the significance of biodiversity conservation and importance of biodiversity in ecosystem. This day symbolizes and highlights that nations throughout the world cooperate to halt and reverse the accelerating loss of biological and genetic resources of the planet earth.



plained wildlife conservation strategy in the province particularly highlighting community participation in conservation and trophy hunting programmes.



Noted scientist and educationist Dr. Kauser Abdullah Malik was the Guest of Honor, whereas senior WWF officials named Ms. Warda Javed and Mr. Hassan Ali also graced the seminar as Guest Speakers. The Rector, Dr. Naveed A Malik said that Pakistan has rich biodiversity of plants, animals and microbes. He stressed to protect biodiversity for future generation in Pakistan by adopting the practical measures.



Community Empowerment & Outreach

COMMUNITY EMPOWERMENT & OUTREACH

LUMS holds Social Entrepreneurship training at Innovation Hive

Social Innovation Lab, an award-winning UK based crowdfunding platform for social entrepreneurs partnered to launch a joint venture program to promote social entrepreneurship. It's a unique, first-of-its-kind fellowship program for early stage social impact startups. Also, SIL at LUMS is the first Pakistani venture that has extended its incubation activities in the UK.

The team of SIL flew to UK to lead trainings at the Innovation Hive for registered startups from July 22 to July 27, 2015. The primary purpose of trainings was to develop entrepreneurial skills, refine ideas, develop prototypes and ultimately, raise funds and customers for the startups through crowdfunding.

Many startups registered for the training, but some of the most innovative forerunners included Socii, IntegrateUni, 'Augmented Vacan-



cies; 'UnCommon Ground', 'The Bombay Sandwich Club', 'Beneficient' and the 'Natural Beauty Products'.

Programmes such as Innovation Hive challenge the notion of development flowing north to south as young entrepreneurs. SIL has demonstrated to the world that there is indeed a strong, impassioned voice coming from the global south that deserves to be heard.

The Hatchery's 5th Incubation Cycle

So far, The Hatchery at the Social Innovation Lab – LUMS has incubated 35 great ideas in its 4 Incubation cycles. Some of the few very successful projects include Ravvish, TurrLahore, Uraan, Papers Shapers and Lok Rivaaj. These ideas have catered for social problems from woman empowerment, tolerance and tourism to improving sanitary conditions all over Pakistan.

The Hatchery is Pakistan's only incubator geared to the needs of passionate, social innovators, big on ideas but lacking in the means and experience necessary to realize their vision. An indigenized curriculum and mentorship program is used, which combines humanistic perspectives on poverty alleviation, rural development and inclusive marketing with the latest insights on sustainable business practices.



Re-imagining Hunza

In the summer of 2015, LUMS carried out a summer incubation program in Hunza Valley. Previously, their community engagement efforts resulted in spreading the amazing story and craft of women carpet weavers at Gulmit to the rest of the world. As part of this exercise, the SIL team was able to concretize the Gulmit women's supply and value chains, get them access to urban markets in Pakistan and beyond, as well as arrange an exhibition for them in Lahore at the Lahore University of Management Sciences. In this vein, the local partners at AKRSP, KADO and other local support organizations showed interest in working closely with LUMS to bring this knowledge and support to other potential entrepreneurs in the region, especially women and youth.



UVAS students conduct PPR vaccination in two villages

PPR is a disease that effects the major systems of the animal body and is infectious in nature. One effected animal can affect the whole herd. It is difficult to treat this infection animal usually dies due to severe dehydration and pneumonia. The PPR vaccination camp was organized on May 30, 2015 in the two villages around the Ravi campus. A team of 6 faculty members headed by Dr Aneela Zameer and 64 students of 8th semester from University of Veterinary and animal Sciences went to Adhan/Naroki Maja and Gagowala.

Earlier a lecture on vaccination and immunization to students of





DVM 8th semester was delivered by Prof. Dr Khushi Muhammad. The vaccination activity started early morning of May 30, 2015. The students were divided into two groups. One moved to Gagowala with Dr Abdul Rehman and Dr Ghazanfar and second moved to Adhan with Dr Zahid and Dr Kashif.

Students showed their participation very zealously even though the weather was hot. They moved in the village street to street and door to door. They maintained the cold chain and the record during the vaccination. A total of 3450 animals were vaccinated in the two villages. The villagers really appreciated this activity by the University and they are hoping for such activities in the future.

On-campus training on use of IT in agriculture at UAF

Office of Research Innovation and Commercialization, UAF organized 8th Indigenous On-Campus Training in collaboration with Higher Education Commission on April 11, 2015 and May 9, 2015. It was chaired by Prof Dr. Igrar Ahmad Khan (UAF Vice Chancellor), Ammar Jaffari (Chief Executive, Pakistan Institute of ICT for Development), Dr Asif Ali (Director ORIC, UAF). He said that the UAF in collaboration with Extension Department had developed a fertilizer model to provide information about balanced usage of fertilizer. The farmer can get the information and expert's recommendation from the site fertilizeruaf.pk. He also talked about "Zarai Baithak" that was established by UAF and is providing solutions to agricultural problems of the farming community by using information technology. A state-ofthe-art Information and Communication Centre and Digital Library with the cost of Rs 1350 million will be set up at UAF to provide modern facilities and strengthening information dissemination system with the innovative tools. The experts emphasized that adoption of



the ICT technology in agriculture sector is needed to face the challenge of food security. UAF is creating the awareness among the people about the usage IT.

ORIC, UAF organized the information and communication technology (ICT) workshop on July 8, 2015 chaired by UAF Vice Chancellor Prof. Dr. Iqrar Ahmad Khan, and Amir Sami General Manager Seeds at National ICT R&D Fund, The chairs stressed on the promotion and adoption of information and communication technologies (ICT) by the farming community. They also motivated academia, industry and end-users equip themselves with ICT tools.

The Agriculture Extension Department of UAF organizes distant learning programs for rural community

The Agriculture Extension department of UAF organizes distant learning programs every year in which members from different villages from all over the country are trained for different agricultural skills. This year 6 courses were offered from 1st Jan to 1st July 2015. People from 8 different districts participated. They were trained in Citrus processing, meat technology, dairy technician, advance food production, meat handling and processing and food preservation pack-

ing and logistics. Furthermore, Agri Extension organized a course of one month for rural community from February 27, 2015 to March 27,2015. The farmers were introduced with 'Artificial Insemination Techniques. This course was funded by the Directorate of livestock and dairy Gilgit Baltistan. The farmers were provided with free stay, three times meal, and books. Now the successful farmers are back to their villages and serving and training their other fellow farmers.



48

700 rural women provided vocational training by UAF



Vocational training was provided to 700 rural women in year 2014-2015 by Women Industrial Home UAF. The industrial home trains women in vocational skills so that they can earn for their family. This year Industrial home has offered cutting, stitching, embroidery, fabric painting, dress designing, rug making, cooking, and self-grooming courses. The industrial home was established in 1976 and every year 600-700 women get vocational training and are serving the community as well as fulfilling the economic needs of their own families.

For the same theme of women empowerment a workshop was organized by the International Center for Development and Decent Work (ICDD) in collaboration with German DAAD programme under the umbrella of ICDD-UAF on April 21, 2015 at UAF. The workshop was chaired by Prof Dr. Iqrar Ahmad Khan (UAF Vice Chancellor), Prof Dr Naureen Aziz (GCWUF Vice Chancellor), Prof Dr Muhammad Ali (GCUF Vice Chancellor). The Chairs and experts urged the active participation and empowerment of women in socio-economic activities that would escort sustainable development and prosperity of the society and help alleviate poverty to achieve the Millennium Development Goals. Recruitment of 145 female staff in UAF is also a step toward women empowerment in the society, Said VC UAF.

University of Haripur (UoH) arranges field day for farmers of local area

The department of Agricultural Sciences, University of Haripur arranged a field day on April 17, 2015 in which about 60 local farmers participated. The said field day was about 'Wheat Production Technology' and 'Orchard Nutrition'. Dr. Khalid Naveed, Farm Manager, UoH briefed the participants about the goals and objectives of the field day. Resource persons from University of Agriculture, Peshawar and Nuclear Institute for Food and Agriculture, Peshawar shared their expertise with the farmers on the topic. Vice-chancellor Prof. Dr. Nasser Ali Khan was the chief guest. The honorable Vice-chancellor threw light on the importance of agriculture sector and emphasized the need of commercialization of technologies developed at the University. The head of Agriculture department Dr. Abid Farid thanked all the participants for their participation in the event and pledged to work on and carry out research on the problems faced by farming community of district Haripur. Later on the participants were taken to a nearby agriculture research farm where they were shown different wheat research trials that included 19 varieties from different agro-ecological zones of the Country.

Participants of the field day expressed their gratitude for such an informative event and the hospitality extended by the university. Agriculture is truly called the backbone of Pakistan's economy and is the major driving force for it. In addition to the work being carried out by R & D organizations across the country, the Higher Education Institutions (HEIs) i.e. the universities are also endeavoring for development of agriculture sector and playing a positive role.



Virtual University launches women empowerment project

A grand opening event was held for the project entitled 'Supporting Female Graduates' access to Information Technology Sector through Internship Program' at Shangrilla Cuisine Hotel, Multan on July 28, 2015. The project's duration was 15 months and was a joint venture of Virtual University of Pakistan (VUP) and Aurat Foundation (AF). The project was part of the Gender Equity Program (GEP) which was supported by USAID. Prof. Dr. Masroor Ellahi Babar (Registrar VUP, Dean Faculty of Science and Technology) is the project director.

In the core activities of the project, 120 female IT graduates will be given Three weeks hands on training on different applied aspects of IT to make them confident to work in public and private sector. These trained females will be placed in different companies for six month internship to practice their skills during which time they will be given a stipend for their expenses. They would also be educated on women rights, labor laws and sexual harassment act.

At the event Prof. Dr. Naveed A Malik, Rector Virtual University of Pakistan said that no na-

tion can prosper without women empowerment. He expressed his confidence that after training these internees will be ready to work confidently in offices which is the main objective of Gender Equity Program.

Chief Guest Prof. Dr. Shahida Hasnain, Vicechancellor, Women University Multan urged young women to meet challenges of the modern world. It is time for women to speak up for their rights she stressed and focus on giving their best to the workplace.



According to Labour Force Statistics (LFS) 2012-2013, of the estimated 180 million people, only 12.51 million Pakistani females (24.4%) are part of active work force.



MISCELLANEOUS

Pakistan Day celebrations at BUIC

For Pakistan Day, Bahria University Islamabad followed its annual tradition and reflected upon the day's honor through a series of events in utmost commemoration. Channeling the aspirations of the students, the university, in collaboration with Brand Pakistan, organized a collective session of the students singing the national anthem in unison within the university premises on March 19, 2015. The fervor of the students reading along the script of the national anthem was exemplary and reflected truly, the ambition of the students honoring one of the most integral days in the events leading up to the creation of the country.

Bahria University, Pakistan also hosted a resolution Day on March 26 & 27, 2015. Students presented their resolutions on signboards that ensured greater participation of the students and gave them more liberty in terms of time and space to voice ideas to make Pakistan a better place. The resolutions penned down were dreams and joyous hopes of how students wanted to play their role in redefining a society that has the potential of achieving greatness.

APGA holds workshop at Bahria University

All Pakistan Geo-Scientists Association initiated a series of Community Support Program workshops in BU Auditorium from February 2015. Students from department of Law, BBA, BSCS and BSS participated in the workshops. APGA is working with a mission to empower the out-reach workers through their capacity building in order to expand quality education environmental responsiveness, human rights and to protect against gender in equalities in Pakistan.

These workshops consisted of a variety of activities like Blood donation stall, hygiene

awareness sessions for the students, telling traffic rules to the students for infield assistance to traffic police, garbage collection and recycling. Moreover lectures by renowned humanitarians on development of civic sense among students were given so that students and society can benefit.

The major and core activity was the visits by the students to different schools and community areas to deliver the learnt awareness to the youth and the society regarding hygiene, traffic rules and importance of civic sense.

IST students celebrate Eid with orphans

On July 19, 2015, Day 2 of 'Eid ul Fitr' students of Institute of Space Technology, Islamabad, went to celebrate Eid at 'Anjuman Faiz Ul Islam' an orphanage near Faizabad with the orphan kids. Team Umeed played various games, distributed gifts and had lunch with them. They helped to spread the joy of Eid and the spirit of Ramzan with these little angles. Team IST enjoyed their day with the kids.



'Phir Wohi Mohabbat' enacted for welfare of the disabled



Bahria University has always been forthcoming in extending a helping hand to the civil society and contributing towards community support programs. Fifteen students from BULC including 4 girls and 11 boys, participated as volunteers in coordinating a play "Phir Wohi Mohabbat". It was organized by a Lahore based NGO named, "Voice Society for Special Person". The society is an appendage to Pakistan Society for Rehabilitation for Disabled (PSRD) and has taken many such initiatives in the past as well. The play was conducted at the Alhamra Art Council and its basic purpose was to serve as a fund-raising event for the welfare of the disabled community. It was a proud privilege for the university to have the worthy Director Campus, Cdre (R) Amjad Zaman SI (M) as the Chief Guest of the play on March 20, 2015. The play ended with a few words by the Director Campus and a donation of Rs. 50,000 was made by BULC in the society's name.

NUST students raise funds for old homes

NCSC members initiated a project for the CSL-401 (Community Service Learning course) students. The participating team comprised of 25 course students. The team was divided into two parts; Events Team, comprising of 7 students, who were responsible for arranging X-Box Gaming stall in C2 for fundraising purpose. The response of the students was commendable. The rest of the students did hand to hand fundraising throughout NUST. The whole activity was done from March 30 till April 9, 2015. The total amount collected in response from the campaign was Rs.90,400 which was donated to buy grocery, medicines and hygienic material for Bint-e-Fatima Old Home located in Barah-Koh, Islamabad.



IST Umeed library project

With the start of each semester, students buy academic books, which pose quite a challenge for some financially constrained students as most of university level course books are quite expensive. Students at Institute of Space Technology came up with the idea to collect books from senior students at the end of each semester and to sell them at a much lower price at the start of next semester for juniors. All the collected books are stored in a small library managed by the student body. The collected funds can then be used for another community service project that IST students have undertaken. It has turned out to be a huge success.



Community service workshop at IST's 1st Youth Carnival



IST held an interactive workshop followed by a competition on Project Management of Community Service Projects on May 8, 2015 at the annual event of IST youth carnival 2015. The resource person, Mr. Awab Sabtain, who has been carrying out 'Monitoring and Evaluation' responsibilities for World Bank and HEC, conducted it and explained the attendees about effective management of community service projects. Then a real life scenario about primary education in a remote area of Pakistan was given to the participants. This enabled the students to equip themselves with the practicality of the knowledge they had learned during the workshop. Students of University of Haripur won this competition.



It is estimated that 66% of PWDs live in rural areas; only 28% of PWDs are literate; only 14% are employed; and 70% are reliant on family members for financial support.

IST holds interactive workshop on books of Dr. Stephen R. Covey

Institute of Space Technology organized an interactive workshop based on the books of Dr Stephen R. Covey at Pak China Friendship Centre from April 24-26, 2015. The 1st day was based on the book 'First Things First' to enable individuals to prioritize their interests. The 2nd day was based on the '7 habits of highly effective people' to help volunteers use their potential to the fullest. The last day was based on the '8th habit: From Effectiveness to Greatness'. These workshops were designed to create awareness about efficiency and effectiveness among participants, about how to best utilize one's efforts, making a hectic life easier and serving one's community effectively.



Kinnaird students volunteer at *Jashan-e-Bahara* Bake Sale

Rising Sun institute arranged a Bake Sale (fund raising event) for mentally challenged children on March 3, 2015. Many institution including Kinnaird's students were invited to participate in the event's management and setting up of stalls. A group of 10 students along with the Community Service Coordinator, Kinnaird College for women, volunteered for the whole day for their program and helped them in setting up stalls, selling food items, promoting handmade stuff by mentally challenged children and some other management activities.



Book fair with Muttaliya Must slogan held at KASBIT



KASB Institute of Technology arranged its annual book fair from 8 to 10, May 2015. It was arranged by the MBA students and faculty members under the leadership of Prof. Muhammad Rais Alvi - Director KAS-BIT. The book fair had a slogan "Muttaliya Must – Reading Must" for the promotion of the dying reading culture all over the world. Re-known publishers, books sellers, faculty members and large number of students were also present at the occasion. KASBIT book fair brought back the joys of reading to the students by giving them substantial discounts and also encouraging them to take interest in reading books for knowledge and pleasure. A reader today is a leader tomorrow.

From Care to Cure by LCWU students

BS Students of Botany Department, Lahore College for Women University arranged for wheel chairs to be provided for patients in Government hospital as part of their social action project.

Establishment of library by LCWU students at government school

A library at Government Girls Model School Shahra-e-Awan-e-Tijarat was established by Lahore College for Women University students. This Government school was working without any library. The library was set up with furniture and more than eleven hundred books were added to it.





Skill development of women living at Dar-ul-Aman by LCWU



Lahore College for Women University students of Botany Department, in their project of Active Citizenship Program, developed an awareness about self-employment of women living in Dar-ul-Aman and how they can earn by using their skills in sewing, kitchen gardening, basket weaving, making of clutches and jewelry boxes.

PCTN Member Universities

Currently, the following universities are members of Pakistan Chapter of the Talloires Network:

- 1. National University of Sciences and Technology
- 2. Abdul Wali Khan University, Mardan
- 3. Aga Khan University
- 4. Bahria University
- 5. Beaconhouse National University
- 6. Balochistan University of Engineering and Technology
- 7. Balochistan University of IT, Engineering & Management Sciences
- 8. COMSATS Institute of Technology
- 9. DHA Suffa University
- 10. Dow University of Health Sciences
- 11. Dawood University of Engineering and Technology, Karachi
- 12. Fatima Jinnah Women University
- 13. Federal Urdu University of Arts, Science & Technology
- 14. Foundation University
- 15. Ghulam Ishaq Khan Institute of Engineering Sciences & Technology
- 16. Gomal University
- 17. Govt. College University, Faisalabad
- 18. Greenwich University
- 19. HITECH University
- 20. Indus University
- 21. Indus Valley School of Art and Architecture
- 22. Institute of Business & Technology
- 23. Institute of Space Technology
- 24. International Islamic University
- 25. Iqra University
- 26. Islamia University of Bahawalpur
- 27. Karakoram International University
- 28. KASBIT
- 29. Khyber Medical University
- 30. Khyber Pakhtunkhwa Agricultural University, Peshawar
- 31. King Edwards Medical University
- 32. Kinnaird College for Women
- 33. Lahore College for Women University
- 34. Lahore University of Management Sciences
- 35. Lasbela University of Agriculture, Water & Marine Sciences

- 36. National Textile University
- 37. National University of Modern Languages
- 38. National University of Computer & Emerging Sciences
- 39. NED University Of Engineering and Technology
- 40. NWFP University of Engineering and Technology
- 41. Pir Mehr Ali Shah Arid Agriculture University Rawalpindi
- 42. Quaid.e.Azam University
- 43. Riphah International University
- 44. Sarhad University of Science and Information Technology
- 45. Shah Abdul Latif University
- 46. Shaheed Benazir Bhutto University
- 47. Shifa Tameer-e-Millat University
- 48. Sindh Agriculture University
- 49. Sindh Madressatul Islam University
- 50. Sukkur Institute of Business Administration
- 51. University of Agriculture, Faisalabad
- 52. University of Azad Jammu & Kashmir
- 53. University of Faisalabad
- 54. University of Haripur
- 55. University of Health Sciences, Lahore
- 56. University Of Lahore
- 57. University of Management Sciences and IT, Kotli
- 58. University of Sargodha
- 59. University of Sindh
- 60. University of the Punjab
- 61. University of Veterinary and Animal Sciences
- 62. Virtual University of Pakistan
- 63. Ziauddin University

How to join PCTN

In order to join the network, the university needs to send two letters of commitment signed by the President, Rector, or Vice-Chancellor. The first letter should be addressed to Chair PCTN, Engr. Muhammad Asghar (Rector, National University of Sciences and Technology, Islamabad) and can be e-mailed to pctn@nust. edu.pk.

Another letter should be sent to Anthony Monaco, Chair of The Talloires Network Steering Committee and be e-mailed at talloiresnetwork@tufts.edu.

Sample letters can be seen on our website. Along with the letters include a brief overview of your civic engagement activities. The university must also designate a focal person who would be the point of contact for all community service related activities. Once the membership is approved, the university will get a confirmation from both PCTN and The Talloires Network.

For any queries contact

.....

Gul-e-Zehra

Manager Publications & Communications pctn@nust.edu.pk +92-51-9085 1369



Pakistan Chapter of the Talloires Network

National University of Sciences and Technology, H-12, Islamabad, Pakistan +92- 51- 9085 1369 pctn@nust.edu.pk www.nust.edu.pk/pctn