

CATHERINE

COVID student engagement award application

MUMO

Who am I?



Catherine Kasungia Mumo is a 23 year old female student of Strathmore University pursuing a degree in Bachelor of Arts in International Studies. She is the former Vice President of Strathmore Student Council, a UNICEF Kenya Youth Advocate, a SheCan University Kotex Award recipient, a youth passionate about serving her community and empowering the youth. She is the founder of the initiative Nawiri Sist3rs aimed at addressing period stigma along with a great team.

NAWIRI SIST3RS

About Us 02

NAWIRI CORE TEAM



Catherine Mumo
founder and director



Michael Babu
director



Shannon Mujera
director



Rachael Otieno
director

IMPACT SO FAR

2019 project begun in November

1 Primary School: Madaraka School

230 girls given sanitary towels majority from class 6-8 (130) with the remainder coming from class 3-5

20 active volunteers involved in mentoring the girls

Partners

KPMG - sponsored pads for the girls

STRATHMORE COP- Nawiri Sist3rs formed in partnership with COP

NIA PADS- brand of sanitary towels provided to the girls



Nawiri Sist3rs

Empower for a better tomorrow

COMMUNITY ENGAGEMENT

ABOUT NAWIRI SIST3RS

Pillars

Encourage the girls to strive for *excellence* and believe they can achieve it

Edify through uplifting and enlightening the girls on menstrual health and hygiene

Enamor- inflame the girls with love, a passion for greatness, self belief and hope for a better tomorrow

Shareholders

school and parents

girls (less fortunate in primary and high school)

partners, volunteers, sponsors

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Aims

Educate the girls on menstrual health and hygiene

Provide them with menstrual hygiene materials

Mentor them to believe in themselves and their dreams

Nawiri Sist3rs aims at addressing period stigma that faces girls in primary and highschool and providing them with menstrual hygiene material.



Nawiri Sist3rs

Empower for a better tomorrow



Because of COVID, schools have been closed therefore we are unable to meet with the girls because the project depends on interacting with the girls while in schools for greatest impact. Social distancing and directive by the government to stay home means we have no way to meet with the girls and provide sanitary towels for them. This means it is harder for them to maintain good menstrual health and hygiene without menstrual hygiene materials during the pandemic.



IMPACT OF COVID ON PROJECT



HOW COV-AID WILL HELP



WHAT WE PLAN TO DO

Given the pandemic , Nawiri Sist3rs aims to do a charity drive for the most needy families from Madaraka Primary (60 families) which includes essentials such as maize flour, rice, beans, pads for the women and girls in the families.

Train the adults on making homemade sanitizer so they can have an alternative source of income
Engage with the parents and educate them on COVID prevention and symptoms
With the help of the school, deliver 3 month supply of pads to the girls.

HOW THE AWARD WILL HELP

Through provision of funds to carry out the activities as well as a network to learn from so as to better meet the needs of the community



Nawiri Sist3rs
Empower for a better tomorrow

Together we can achieve more...UBUNTU